

## Book References

### [What Your Boss Really Wants from You](#) - Steve Arneson

Your most important work relationship is with your boss. You need it to go well. But even the best bosses can be hard to read, and some seem downright inscrutable. Your boss isn't going to change for you--don't waste your time trying. The solution lies in figuring out what makes your boss tick and adapting your own work style to make the relationship better. But how do you do that?

In this pragmatic and accessible guide, top executive coach Steve Arneson shows how to find the answers to fifteen essential questions that will help you understand your boss's leadership style, goals, motivations, work relationships, and how he or she sees you. Vivid real-world examples demonstrate Arneson's advice in action and show clearly how this process can be used to gain a more meaningful, productive, and enjoyable work life.

### [Your Boss is not Your Mother](#) - Dr. Debra Mandel

- How these dramas get started (and why they're so difficult to stop once they HAVE started.)
- Why you react the way you do (and why it isn't your fault) plus how you can STOP the madness with depression therapy once and for all.
- How to identify how you make a mess of your work life.
- How to distinguish a truly abusive boss or coworker from one who is actually harmless.
- How to transcend power struggles.
- How to develop a sense of humor about inevitable workplace stress.

### [Not Just Friends](#) - Shirley Glass

One of the world's leading experts on infidelity provides a step-by-step guide through the process of marital infidelity--from suspicion and revelation to healing, and provides profound, practical guidance to prevent cheating and, if it happens, recover and heal from it.

You're right to be cautious when you hear these words: "I'm telling you, we're just friends."

Good people in good marriages are having affairs. The workplace and the Internet have become fertile breeding grounds for "friendships" that can slowly and insidiously turn into love affairs. Yet you can protect your relationship from emotional or sexual betrayal by recognizing the red flags that mark the stages of slipping into an improper, dangerous intimacy that can threaten your marriage.